



WELLNESS CARD



FROM THE FIRST DAY OF LIFE, THE SKIN HAS RECEIVED A CAPITAL OF ENERGY THAT WILL BE THE SOURCE OF ITS RADIANCE AND GLOW THROUGHOUT THE YEARS.

Deprived of energy, the skin loses all its radiance. Sooner or later, it appears more marked by the signs of ageing. From this simple observation, Sothys created the Fil de vie TM principle, which aims to compensate for and preserve the integrity of the skin's youthful capital in order to preserve the radiance and glow that are sources of beauty.

FACIAL CARE

| | HYDRA HYALURONIC ACIDE HYDRATING INTENSIVE The absolute hydration solution with 6 stages to quench, hydrate and plump the kin, renewing its youthfulness. This high-performance treatment combines 4 sources of hyaluronic acid with 2 patented Sothys active ingredients derived from Sothys Advanced research. | 1H15′ - 115 € Q [©] |
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| | YOUTH INTENSIVE TREATMENT TRICOMPLEX Through five steps and eight specific formulas, live the experience Sothys youth effectiveness with relaxation massages and expert treatment, for visibly younger skin. | 1H15' - 115 € Q [©] |
| | DETOX ENERGIE INTENSIVE TREATMENT A treatment to breathe new life into the skin and help it defend itself in all circumstances against the damaging effects of environmental stress, which can accelerate skin ageing. The skin is recharged with energy and the complexion is luminous, as if purified. | 1H15′ - 115 € Q [©] |
| | FRESH RADIANCE CARE - CERTIFIED ORGANIC All skin types, even the most sensitive, can benefit from this short treatment with a fresh scent, designed to wake up the skin and give it an instant radiance boost. Thanks to the combination of sensoriality and effectiveness in the new Sothys Organics [®] certified organic facial treatment, immerse yourself in the heart of nature. You can also enjoy a moment of deep relaxation with a cocooning facial and scalp massage, for absolute relaxation. | 30′ - 60 € Q [©] |
| | MODELLING | |
| | BACK RITUAL Unwind all accumulated back tension with this ritual, consisting of a scrub followed by a relaxing massage to oxygenate the body. | 60' - 100 € Q [©] |
| | CUSTOMIZED MODELLING Ideal for relaxation and physical recovery, let yourself be transported by these effleurage, kneading and pressure maneuvers. Choose your intensity and massage oil for absolute relaxation. | 30' - 55 € 60' - 100 € 1H30 - 140 € Q [©] |
| | FACE & SCALP MODELLING Massage of the neck, face and scalp to relieve stress, smooth and tone the facial features. Helps to improve blood in this area and relaxes the muscles. | 30' - 55 € Q [©] |
| | HAND OR FOOT MODELLING A relaxing hand or foot massage to help you relax ans sleep. In addition, a full body massage of this area stimulates blood circulation and lymphatic drainage. | 30' - 55 € Q [©] |
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| AESTHETICS | |
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| eyelash enhancement + tinting | 60′ - 65€ |
| EYELASH TINTING | 30′ - 35€ |
| NAILS | |
| hands beauty | 50' - 30 € Q [©] |
| FEET BEAUTY | 50' - 30 € Q [©] |
| APPLICATION OF SEMI-PERMANENT VARNISH | 50′ - 25€ |
| REMOVAL + APPLICATION OF SEMI-PERMANENT Varnish | 60′ - 30 € |
| SEMI-PERMANENT VARNISH ALONE REMOVAL + EXPRESS HAND OR FOOT TREATMENT | 45′ - 30 € |
| supplement french hands or feet | 10′ - 10 € |
| hand or foot gel removal | 15′ - 20 € |
| NAIL REPAIR | 10′ - 5€ |
| NAIL DECOR | 10′ - 2 € |
| Book at least 24 hours in advance on 04 94 53 32 31 | |
| or on Planity by flashing this code | |

GENERALES INFORMATIONS

TREATMENT CABIN OPENING HOURS:

We would be delighted to welcome you for your treatments 7 days a week from 9:00 am to 5:30 pm, subject to availability. Duo possibilities subject to booking.

ARRIVE :

The duration of treatments indicated corresponds to your treatment time, as well as to complete care. We advise you to arrive 5-10 min before your treatment starts, to make the most of your experience. A delayed arrival on your part will unfortunately not result in an extended treatment time.

RESERVATION :

Appointments can be made directly with the hotel reception on 04 94 55 or 50. Services are subject to availability. We recommend that you book as far in advance as possible. In order to guarantee your reservation, we may ask for your credit card details as a guarantee if your appointment is not honored. A pre-authorization for the total amount of your treatment may be made. This pre-authorization is in no way a debit, unless you cancel or fail to show up for your appointment. Otherwise, you will have the option of paying for your treatment at the time of departure by the means of payment of your choice.

ACCES FACILITIES :

Swimming costumes must be worn in our mixed steam room. Please inform us of your request 15 minutes before the desired time so that we can warm it up and confirm your access. It is accessible at all times, subject to the presence of a member of staff on site. Our outdoor swimming pool is reserved exclusively for hotel guests.

HEALTH :

Please inform us of any health problems, allergies or injuries that might interfere with your treatment. Although our treatments are designed to promote well-being and relaxation, they are in no way intended to replace medical massages or medical supervision in the event of health problems. If you are under medical supervision, please consult your doctor for advice before booking a spa treatment. La Bastide du Clos des Roses declines all responsibility in the event of false declaration on your part, in the event of accident, injury or damage.

LATE CANCELLATIONS:

In the event of a delay on your part, we will be obliged to shorten your treatment or cancel it so as not to inconvenience subsequent clients. No price reduction will be applied.

If you wish to change or cancel your appointment, please give us at least 24 hours' notice. If you fail to do so, you will be billed for the service originally booked, and your bank details will be collected. You agree to this when you make your booking.



Book at least 24 hours in advance on 06 01 72 57 87 or 04 94 53 32 31